



# ASIAN YOGA FEDERATION

(REGD. UNDER THE SOCIETIES REGISTRATION ACT XXI OF 1860, REGD. NUMBER 4755)

AFFILIATED MEMBER

**INTERNATIONAL YOGA SPORTS FEDERATION**

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MD. ALI MIRZAJANI SARVANDANI  
(Qeshm)

MR. NAVIN ACHARYA  
(India)

Ref.No. AYF/.....3027-67.....

Date: 18.03.2025

The President / Secretary  
National Yoga Federations (Affiliated with Asian Yoga Federation)

The Office Bearers, Asian Yoga Federation.

**Subject: Minutes of Virtual Meeting of Asian Yoga Federation held on 15<sup>th</sup> March, 2025 at 04:00 PM under the chairmanship of Shri Ashok Kumar Aggarwal, President, Asian Yoga Federation.**

**Following were present in the meeting : –**

S.N.	NAME	COUNTRY
1.	Mr. Ashok Kumar Aggarwal, President, Asian Yoga Federation.	India
2.	Mrs. Indu Aggarwal, Working President, Asian Yoga Federation & President, YFI.	India
3.	Prof. Prabir Karmakar, Secretary General , AYF and Hong Kong Yoga Federation	Hong Kong
4.	Ms. Nguyen Thanh Xaun, representative of Ms. Pham Thi Hong Tham & Mr. Nguyen Tien Phi, Vietnam Yoga Federation.	Vietnam
5.	Mrs. N. Bhama Robindro Singh, Secretary, Yoga Federation of Dubai (UAE) & Executive Member, Asian Yoga Federation	Dubai (UAE)
6.	Mohammad Ali Mirzajani Sarvandani, Executive Member, Asian Yoga Federation	Qeshm
7.	Ms. Ziba Shasavand, Joint Secretary, AYF	Iran
8.	Representative of Lee Seung Hwan, President, Korean Yoga Federation & Senior Vice President, Asian Yoga Federation	Korea
9.	Dr. Abhinav Joshi, Organizing Secretary, Asian Yoga Federation.	India
10.	Shri Raman Kumar, Treasurer, Asian Yoga Federation & Yoga Federation of India.	India

First of all Shri Ashok Kumar Aggarwal, President, Asian Yoga Federation extended hearty welcome to the members present in the meeting.

On behalf of the members present in the house the President, AYF conveyed his sincere thanks to Mr. Kumareswaran Superamian, President and Ms. Kamalani Kalaimany, Secretary, Yoga Sports Association, Singapore for successfully organizing 10<sup>th</sup> Asian Yoga Sports Championship at Singapore.

Regarding organization of 11<sup>th</sup> Asian Yoga Sports Championship, he requested the representative from Vietnam to request Ms. Pham Thi Hong Tham and Mr. Nguyen Tien Phi to come forward to host 11<sup>th</sup> Asian Yoga Sports Championship at Vietnam as Vietnam has the experience to organize Asian Yoga Sports Championship and has successfully conducted 6<sup>th</sup> Asian Yoga Sports Championship at Hanoi (Vietnam).

The President, Asian Yoga Federation informed the house that Asian Yoga Federation is the pioneer body in the field of Yoga in Asia, setup in the year 2010 and has so far organized **Ten Asian Yoga Sports Championships** in the different countries of Asia.

It was further informed by the President, AYF that after that some more Yoga Federations in Asia emerged. Therefore, in the interest of Yoga Sports, it has been planned to collaborate all the Asian Yoga Federations at one platform so that the cause of spreading of Yoga Sports in Asia can be pursued collectively, in this connection if any member has any suggestion or reservation they can come forward to give their views so that the matter can be pursued further with the different Asian Yoga organizations. Prof. Prabir Karmakar, Secretary General, Asian Yoga Federation and Hong Kong Yoga Federation appreciated the move and supported his stand to pursue further towards this effort. Further Mrs. N. Bhamu Robindro Singh, Secretary, Yoga Federation of Dubai (UAE) also appreciated the step to move together to propagate the cause of yoga in the Asian countries and assured all co-operation from their side. Also Mohammad Ali Mirzajani Sarvandani from Qeshm supported this move. It was further assured by the President, AYF that it will be taken care that all the office bearers of AYF and the National Yoga Federations affiliated with AYF will be given their due place while collaborating with the other Asian Yoga organizations.

It was further informed by President, Asian Yoga Federation that a representation has been sent by Asian Yoga Federation to Raja Randhir Singh, President, Olympic Council of Asia requesting him to give affiliation / recognition to Asian Yoga Federation with Olympic Council of Asia and allowing Asian Yoga Federation and its affiliated units for Yoga Demonstration in Asian Games-2026 at Japan, with the copy for information to Hon'ble Minister of Youth Affairs and Sports, Govt of India, President, Indian Olympic Association and Secretary General, Court of Arbitration for Sport with the request to kindly give justice to Asian Yoga Federation. (Copy of the representation of AYF has already been sent to all the affiliated units of Asian Yoga Federation for their information)

The members present in the meeting appreciated the steps taken by the President, Asian Yoga Federation and unanimously authorized him to move further in this direction.

As there was no other business to transact, the meeting came into end with a vote of thanks to the chair.



**(Ashok Kumar Aggarwal)**

President,

Asian Yoga Federation

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